# St Clement's School Nursery





2020/2021 Handbook

## Meet the team

## 2020/2021

Headteacher:	Mr Richard Heaven
Deputy Headteacher:	Mrs Marianne Hickling
School Secretary:	Mrs Christiane Dixon
Family Engagement Worker:	Miss Sarah Andrews
School Caretaker:	Mr Ian Mildren

Nursery Teacher:	Miss Lucy Hillsden
	Miss Shelley Jehan Mrs Paula Turner

Reception Teacher:	Mrs Kirsty Walker
Reception Teaching Assistant:	Miss Lara Roche

# Contact information

**Telephone:** 01534 854007

Email: admin@stclement.sch.je

At St. Clement's Nursery we aim to provide a warm, caring environment where the children will be encouraged to try new experiences, to 'have a go' and become more confident. We hope that they will make lots of friends and develop the skills that they need to become 'lifelong learners'.

This handbook aims to provide you with the relevant information about our Nursery, however please don't hesitate to email or phone if you have any questions.

This handbook includes:

#### Important information

"A Day in Nursery"

What happens in the morning and afternoon sessions? What happens at home time?

Jersey Premium

Information about Snack

A Healthy Lunch Box

What to wear

Illness

Super Smiles!

Information about parenting support/courses

Nature School

Top tips for parents

#### Important information

- St. Clement's School Nursery provides education for up to 30 children daily.
- As we are a school Nursery we have access to all of the school's fantastic facilities, including the hall, playground, field, music room & Nature School. Our Nursery is also led and managed by a fully qualified classroom teacher.
- The times of our sessions are:

#### Morning Afternoon

8.45 a.m. -12.45 p.m 12.45pm - 1.45pm if buying 5 hours 1.45pm - 2.45pm if buying 10 hours

Each child is allocated either a morning session or a full time place. This is for 5 sessions a week.

Good attendance is a really important part of a child's school life. If your child is unable to attend a session, please send a message or telephone the Secretary, on 854007.

Please inform us if someone other than yourself is collecting your child at the end of a session.

All of the States of Jersey Education Department policies can now be found online at <a href="https://www.gov.je/educationpolicies">www.gov.je/educationpolicies</a>. School policies can be found on our school website. <a href="https://www.stclement.sch.je">www.stclement.sch.je</a> including our Privacy Notice.

The 'What to expect, when?' online guidance gives information regarding your child's learning and development in the Early Years Foundation Stage. This document can be found and downloaded easily by searching 'What to expect, when?' It has some really useful information about developmental stages from birth to five years old. If you would like a hard copy please let us know and we can provide one.

Please note...

...A place at St Clement's School Nursery class does <u>not</u> guarantee a place in the reception class. Please make sure that you have made a separate application for entry into Reception for your child at your catchment school.

...A escola de St Clement's <u>nao</u> garante um lugar na classe recepcao certifiquese de que vosse faca um aplicativo seperado para a entrada na recepcao para os seus filhos na escola de sua area de captacao.

...To, ze wasze dziecko otrzymalo miejsce w przedszkolu St.Clement's <u>nie</u> gwarantuje tego, ze dziecko otrzyma miejsce w Reception Class. Aby dziecko otrzymalo miejsce w Reception Class prosze zlozyc aplikacje w szkole do ktorej bedzie uczeszczalo Wasze dziecko.

#### "A Day in Nursery"

The morning session begins at 8.45am and will end at 12.45pm, unless you choose to pay for your child to stay for a further hour or two hours of the afternoon.

Nursery begins at 8:45am when we open the main doors. However the outside doors will open at 8.30am where you are able to look at books and games in our Lending Library. This is a 'No Phone Zone' so please keep your phone away until you have left Nursery.

At 8.50am the Nursery outside door will be locked. After this time please exit via the main school entrance as this door must remain locked throughout the day for the children's safety. When you arrive, please encourage your child to be as independent as possible and take responsibility for the jobs they have to do: take off and hang up their coat, put their lunchbox on the trolley and put their picture "in the train" as self registration. Once your child has completed these jobs they have the opportunity to play at their choice of activity.

#### What happens during the morning session?

8:45am	Children arrive & settle with support from parents & staff
9-9:30am	Self-initiated play with some adult directed activities. Children can choose
	to have snack.
9:30am	We gather together to say good morning to everyone and share our
	'Wow' moments.
	We then split into our key worker groups (red robins, green finches, blue
	birds). This encourages bonds and develops confidence in a smaller group.
	It is also an opportunity to practise listening skills, have 'talking time',
	read and talk about stories or complete literacy and numeracy activities.
10:30-11:15am	Self-initiated play with some adult directed activities.
11:15am	Children tidy & get ready for lunchtime.

#### What happens during the afternoon session?

The afternoon session is similar to the morning session. We gather together to find out what we will be doing in the afternoon before we are able to choose from the activities on offer or join an adult directed activity. We tidy up at around 2.30pm and gather together for a story or DVD before going home. The sessions can change and are adapted throughout the year depending on the children's needs.

#### What happens at home time?

#### Morning only children

Children are collected from Nursery at 12:45pm. Please use the main school entrance to access the Nursery at this time.

#### All day children

Children are collected from Nursery at 2:45pm. Please use the Nursery doors, not the main school doors. Children will be called by a member of staff from the quiet room in Nursery.

It is very important that you let a member of staff know if someone other than you is collecting your child.

#### Jersey Premium

Jersey Premium is a targeted funding programme for schools which has been introduced to help all children get the very best from their education

The introduction of Jersey Premium has enabled Island schools to review their approach to teaching and learning, ensuring that all pupils are able to achieve to the very best of their ability.

(Jersey Premium Fact Sheet 2017-18 - Version 1.0 September 2017)

Education and Skills

More information can be found on the St. Clement's School website or on the State of Jersey website.

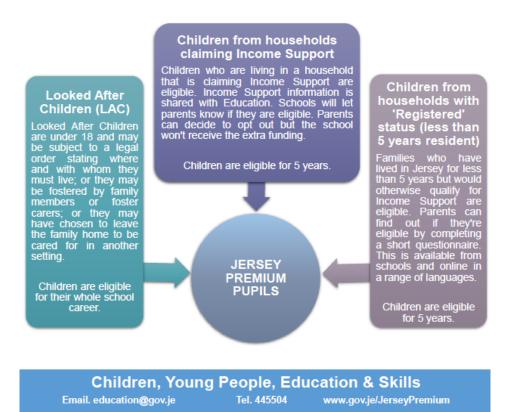
Please check the criteria below to see if you are eligible.



Jersey Premium is a targeted funding programme for schools which aims to make sure all children get the best from their education.

Some children don't go on to achieve at the levels that would normally be expected for their ability. The introduction of Jersey Premium has enabled schools to review their approach to teaching and learning, ensuring that all pupils are able to achieve their very best.

Schools receive extra funding calculated on the number of eligible children they have each year. The school decides how the money is spent to improve the child's educational experience and outcomes. Children attending a States school nursery are also entitled to 30 hours a week (6 hours a day) of free nursery education.



**Please note:** if you are eligible for Jersey Premium you are entitled to <u>free hours</u> in Nursery. Please speak to Miss Hillsden who will complete the online application.

#### Information about Snack

We make a termly charge of £50 for snack. This contribution helps us to provide the following for the children:

- Snack every day—including a platter of fruit and vegetables and milk
- Special equipment or resources for Nursery
- Ingredients for cooking activities
- Ingredients for playdough and messy play resources e.g. corn flour
- Resources for special projects and events.

#### We thank you for this support.

We request payment at the beginning of each term but can be made at a suitable time by arrangement with the staff. If there are any difficulties in making the payment, please see a member of staff.

At St. Clement's Nursery we are encouraging children to eat and try a range healthy food with a focus on foods **low in sugar**. This means using foods that have 5g or less of sugar per 100g (NHS choices).

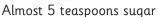
#### A Healthy Lunch Box

Lunch time is a really important part of Nursery life and we expect children to be as independent as possible.

When packing your child's lunch box:

- Less is more! Please do not overload your child's lunch box as it can be overwhelming. We recommend three items is usually sufficient.
- The three items can include something savoury e.g. sandwich, pasta, crackers. Then a fruit & yoghurt type dessert. No chocolate or sweets please. Please cut grapes in half.
- Remember a drink —milk, water or juice only please. No fizzy drinks or sugary juice drinks as pictured below.







6 teaspoons sugar



9 teaspoons sugar

• Any lunch that is not eaten will be returned so that you can see what has been eaten.

#### Lunch box checklist

- ☑ 3 or 4 items including a sandwich or equivalent (pasta/crackers/wrap)
- ☑ Child size portions (roughly the size of their hand)
- ✓ No sweets or chocolate
- ☑ Water, milk or juice only
- ☑ No fizzy drinks or sugary juice drinks
- ☑ Lunch box they recognise with a name label
- ✓ Please cut grapes in half!

#### Healthy lunch box examples







#### What to wear

Practical and comfortable clothes are best for attending Nursery. We provide aprons for messy activities but children do get messy generally from things like paint, playdough, mud and water! Please can you name the children's clothes, especially coats, cardigans, jumpers and fleeces which regularly come on and off.

#### Yes please! ✓

☑ Comfortable and practical clothing children can put on independently.



☑ Shoes that children can take on and off independently.



 $\square$  Clothing that can get messy!

✓ Name EVERYTHING!! – even socks!

☑ A **named** pair of wellies.

☑ A set of spare **named** clothing to keep in Nursery that includes socks and pants etc. Please check this regularly.

#### No thank you. X

Belts or dungarees etc that may make it tricky to be independent.

Shoes with laces or high tops.





No 'best' clothes.

No earrings.

No flip flops.

#### Illness

If your child is unwell please let us know by phoning school on 854007. If children need calpol or similar pain relief to reduce a temperature or are suffering from something that may be passed on to another child it is best they are kept at home.

It is especially important that children who have highly infectious conditions such as gastro-enteritis and diarrhoea stay at home until the condition is clear; this is a minimum of 48 hours.

Please come and talk to staff about any ongoing medication your child may have.

If your child is <u>diagnosed as being asthmatic</u> and uses an inhaler to control this condition it must be labelled and placed in the hands of the Nursery Staff. It is the parent's responsibility to ensure that this inhaler remains in date. A standard form describing triggers and administration must be completed by parents.

It is common for children to catch head lice. Lice are not a school problem, but a community one. Leaflets and guidance on prevention and treatment are available from the School Office, or the School Nurse can be contacted on 623715.

#### Super Smiles!

Young children need help with tooth brushing on a daily basis. We therefore participate in the Super Smiles daily tooth brushing programme. Please look in your Parent's Pack for further details.

#### Information about parenting support/courses

- At St Clement's School we are lucky enough to have our own Family Engagement Worker, Miss Sarah Andrews. She is a first point of contact for many parents and can follow up on issues within school, offer guidance and support or signpost parents to other appropriate agencies. Please do not hesitate to come and see Miss Andrews no matter how small or insignificant you feel the problem may be. An appointment to see Miss Andrews can also be made by contacting the school office on 854007.
- 'Parenting' section on the States of Jersey website A large amount of information is kept up to date on the States of Jersey website (search 'Parenting and support services' to find the leaflet with relevant courses we can also print or email the leaflet if this helps).
- Contact your health visitor or the School Nurse Your health visitor or the school nurse can also give you up to date information, guidance and support. Contact details can be obtained through Miss Andrews.



**Nature School** 

Nature School is a new area of school developed this year and currently used regularly by Nursery. We hope this area will eventually be accessed by the whole school. The Nursery children currently go to Nature School at least 1 morning a week. Nursery has a full set of outdoor clothing to suit all weathers.

Nature School is based on the philosophy of Forest School and is used to encourage and inspire individuals of any age through positive outdoor experiences. This can be any outdoor space — it doesn't have to be a forest!

Using the outdoor environment, children are encouraged and inspired to grow in confidence, independence and self-esteem through the mastery of small achievable tasks. Above all, the child is never set up to fail — each task is achievable. Forest School programmes run throughout the year in all weathers (except for high winds). Children use full sized tools, play, learn boundaries of behaviour; both physical and social, establish and grow in confidence, self-esteem and become self-motivated.

As well as an area to develop Forest School skills, we are establishing two more areas; a growing garden where children can learn about different plants and the process of growing and a small world garden that children can use at lunch times to encourage imaginative play.

#### Top tips for parents...

...for giving children the best start to Nursery.

- **Encourage independence** children who are able to independently dress, use the toilet and wash their hands are most likely to become independent learners.
- **Talk about hygiene** make sure children understand why you're asking them to wash their hands and clean their teeth and why it's important.
- **Teach good listening skills** play board games & matching games, read stories, sing Nursery rhymes, talk about the sounds all around us, help children to tune in to different sounds (loud, quiet). In Nursery we break down the skill of listening into stages:



- Have a good bedtime routine 3 & 4 year olds need around 11½ hours sleep. Settle your child into a consistent bedtime routine TV off, bath, story, sleep.
- **Encourage lots of different experiences** go to the beach, the park, play with mud and water, paint, draw, build. Children need to be moving all the time in lots of different ways.
- Talk, talk and more talk! we all live busy lives and sometimes it's easy to forget to talk. Just remember 'OWL'. Observe Wait Listen. This is key in getting children to talk. It is sometimes important to wait at least 10 seconds for children to give you a response.
- **Read, read and more reading!** To quote Einstein; "If you want your children to be intelligent, read them fairy tales. If you want them to be more intelligent, read them more fairy tales." You can never read too many stories!

Above all, help your child to become independent as early as possible.

Aim to always offer praise and encouragement for every effort or achievement, regardless of how small, so he/she can develop a positive self-image and attitude towards learning.

We are sure your child will be happy at St. Clement's School Nursery

We can't wait to start the journey with you and your family!